



## **PRESS RELEASE**

### **MEDIA CONTACT**

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Dear All,

For the first ever International day of Remembrance of and Tribute to Victims of Terrorism, we have gathered together and created the video-poem in honour of all those affected by terrorist attacks. Please, go to VSE's Facebook page (<https://www.facebook.com/victimsupporteurope/>) and Twitter (<https://twitter.com/VictimSupportEU>) to share the video.

The poem "In the Light and the Dark", written by an ambulance technician who responded to the 22nd of March 2016 attacks at Zaventem airport in Belgium, was an expression of concern for those still dealing with their experiences and a plea for the necessary preparation, recognition and support. It reflects the attentive and supportive environment she had.

She was fine, but many others continue to suffer. The poem holds true today as much as it did then.

Recovery comes at its own pace and no-one should be alone along the way.

VSE's video-poem is dedicated to those who have suffered and lost, and to the family, friends and others who were there to support them.

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Feel free to share the youtube link to the video-poem with your network!

**<https://www.youtube.com/watch?v=tb4sC4PBD8A&feature=youtu.be>**

PS Please, find attached the poster, which can be also shared on your social media platforms.

Best,  
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I'm fine  
 I know you don't expect it  
 But I'm fine  
 I know it's a bit boring  
 But I'm fine  
 I'm sorry if you worried  
 And I'm sorry you were scared  
 But I'm fine  
 I said back then  
 And I'll say it again  
 Don't wonder if it will happen  
 Know what to do if it does  
 I didn't have to wonder  
 I knew what to do  
 And I did it  
 And I'm grateful  
 Because that is the reason I'm fine

But others aren't  
 They knew what to do  
 And they did it  
 They did it amongst the dead and injured  
 In the carnage and the debris  
 In the light and the dark  
 In the field and in the morgues  
 And I could have been with them  
 But I wasn't  
 And I'm grateful  
 And I really  
 I really  
 Hope they will be fine



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